

## Psychiatric Mental Health Nursing 2nd Edition Scope and Standards of Practice Test Bank

Chapter 1 - Chapter 4 Assessment Chapter 2 Diagnosis Chapter 3 Outcomes Identification Chapter 4 Planning

### MULTIPLE CHOICE

1. A nurse teaching a patient about the effects and side effects of the prescribed medication bases the plan on the knowledge that learning is more effective when:

a	patients are actively included in the process.
b	topics are introduced only when the patient expresses an interest.
c	nurses establish realistic goals for learning on behalf of the patient.
d	patients have responsibility for directing the teaching-learning process.

ANS: A

Learning is more effective when patients participate in the learning experience. By including patients as active participants, the nurse helps restore their sense of control over their life and over their responsibility for their own actions.

DIF: Cognitive Level: Comprehension REF: Text Page: 152  
TOP: Nursing Process: Planning MSC: NCLEX: Health Promotion and Maintenance

2. A nurse interviewed a reluctant patient who answered questions with minimal responses and rarely made eye contact. When documenting baseline data collected in the interview, the nurse should include:

a	interview content only.
b	a description of the process of the interview.
c	both the content and the process of the interview.
d	both factual data about the patient and the nurses emotional reaction.

ANS: C  
It is important to document both baseline content and process. In addition to the verbal content of the interview, the patients nonverbal messages and the nurses reactions to the patient give important clues to the patients state.

DIF: Cognitive Level: Application REF: Text Page: 150  
TOP: Nursing Process: Assessment MSC: NCLEX: Psychosocial Integrity  
3. While gathering a baseline history about a patient, a nurse is told by a team social worker that the patient acts weird and has bad hygiene. The nurses responsibility is to:

a	accept the data without question.
b	form impressions based on data personally gathered.
c	document the impression of the team social worker.
d	discuss the social workers impression with the patient.

ANS: B

In using information from secondary sources, nurses should not simply accept the assessment of another health care team member; instead, they should apply the information they obtain to their nursing framework for data collection and formulate their own impressions and diagnoses. This brings another perspective to the work of the health care team and promotes an unbiased receptivity to patients and their problems.

DIF: Cognitive Level: Application REF: Text Page: 152

TOP: Nursing Process: Assessment MSC: NCLEX: Psychosocial Integrity

4. To obtain the clearest clinical information about a patient, a nurse who used several secondary sources, including the patients spouse and the report of the admitting psychiatrist, will seek validation from:

a	the patient.
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.	psychiatric nursing textbooks.
b	.
.	the patients extended family.
c	.
.	the use of psychiatric behavioral rating scales.
d	.

ANS: A  
 Patients should be regarded as a source of validation.

DIF: Cognitive Level: Application REF: Text Page: 150  
 TOP: Nursing Process: Assessment MSC: NCLEX: Psychosocial Integrity  
 5. If physicians wish to understand the nursing equivalent of the medical *DSM-IV-TR*, they should seek an understanding of the:

.	nursing diagnoses.
a	.
.	nursing process.
b	.
.	behavioral rating scales.
c	.