

# Essentials for Nursing Practice 9th Edition

## Potter Test Bank

### **Chapter 01: Professional Nursing**

#### **Potter: Essentials for Nursing Practice, 9th Edition**

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#### **MULTIPLE CHOICE**

1. Which action by the nurse demonstrates implementation of Florence Nightingale's original theories about nursing care?
  - a. The patient is gently bathed and given fresh linens after giving birth.
  - b. The nurse forms a close therapeutic relationship with the patient.
  - c. The nurse helps the patient conserve energy for healing processes.
  - d. The nurse views the patient as a unique, ever-changing energy field.

ANS: A

Florence Nightingale worked to improve sanitation and healing environments for patients. Gently bathing and providing fresh linens to patients is an example of Nightingale's theory in practice. Formation of a close therapeutic relationship with the patient, energy conservation, and viewing patients as energy fields were not concepts included in Nightingale's theory of nursing practice.

DIF: Cognitive Level: Apply (Application)

OBJ: Discuss the influence of social, political, and economic changes on nursing practices.

TOP: Nursing Process: Implementation MSC: NCLEX: Basic Care and Comfort

2. The nurse is mandated by the state to complete 25 contact hours of nursing education before the nursing license may be renewed. Which term best describes this requirement?
  - a. In-service education
  - b. Advanced education
  - c. Continuing education
  - d. Certification education

ANS: C

Continuing education is required for professionals in many states. Continuing education involves formal, organized educational programs offered by universities, hospitals, state nurses' associations, professional nursing organizations, and educational and health care institutions. In-service education programs are instruction or training provided by a health care agency or institution designed to increase the knowledge, skills, and competencies of nurses and other health care professionals employed by the institution. Some roles for RNs in nursing require advanced graduate degrees, such as a clinical nurse specialist or nurse practitioner.

DIF: Cognitive Level: Apply (Application)

OBJ: Discuss the importance of education in professional nursing practice.

TOP: Nursing Process: Communication and Documentation

MSC: NCLEX: Management of Care

3. The nurse is caring for a patient who suddenly becomes acutely short of breath. The nurse

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elevates the head of the patient's bed, checks the patient's pulse oximetry, and administers 2 L of oxygen before notifying the patient's physician. Which term best describes the actions of the nurse?

- a. Accountability

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- b. Autonomy
- c. Licensure
- d. Certification

ANS: B

Autonomy is essential to professional nursing and involves the initiation of independent nursing interventions without medical orders. Accountability means that you are professionally and legally responsible for the type and quality of nursing care provided. To obtain licensure in the United States, RN candidates must pass the NCLEX-RN® examination administered by the individual State Boards of Nursing to obtain a nursing license. Beyond the NCLEX-RN®, some nurses choose to work toward certification in a specific area of nursing practice.

DIF: Cognitive Level: Apply (Application)

OBJ: Discuss the characteristics of professionalism in nursing.

TOP: Nursing Process: Implementation MSC: NCLEX: Management of Care

4. Which type of program is appropriate to educate staff about new fall prevention protocols that are to be implemented on the nursing unit?
- a. In-service education
  - b. Advanced education
  - c. Continuing education
  - d. Certification education

ANS: A

In-service education programs are instruction or training provided by a health care agency or institution designed to increase the knowledge, skills, and competencies of nurses and other health care professionals employed by the institution. Some roles for RNs in nursing require advanced graduate degrees, such as a clinical nurse specialist or nurse practitioner. Continuing education is required for professionals in many states. Continuing education involves formal, organized educational programs offered by universities, hospitals, state nurses' associations, professional nursing organizations, and educational and health care institutions.

DIF: Cognitive Level: Apply (Application)

OBJ: Discuss the importance of education in professional nursing practice.

TOP: Nursing Process: Teaching and Learning

MSC: NCLEX: Management of Care

5. Which program is appropriate for a nurse who wishes to become an expert in ostomy and wound care?
- a. Specialty certification
  - b. Master of Science program
  - c. Doctoral degree program
  - d. Continuing education program

ANS: A