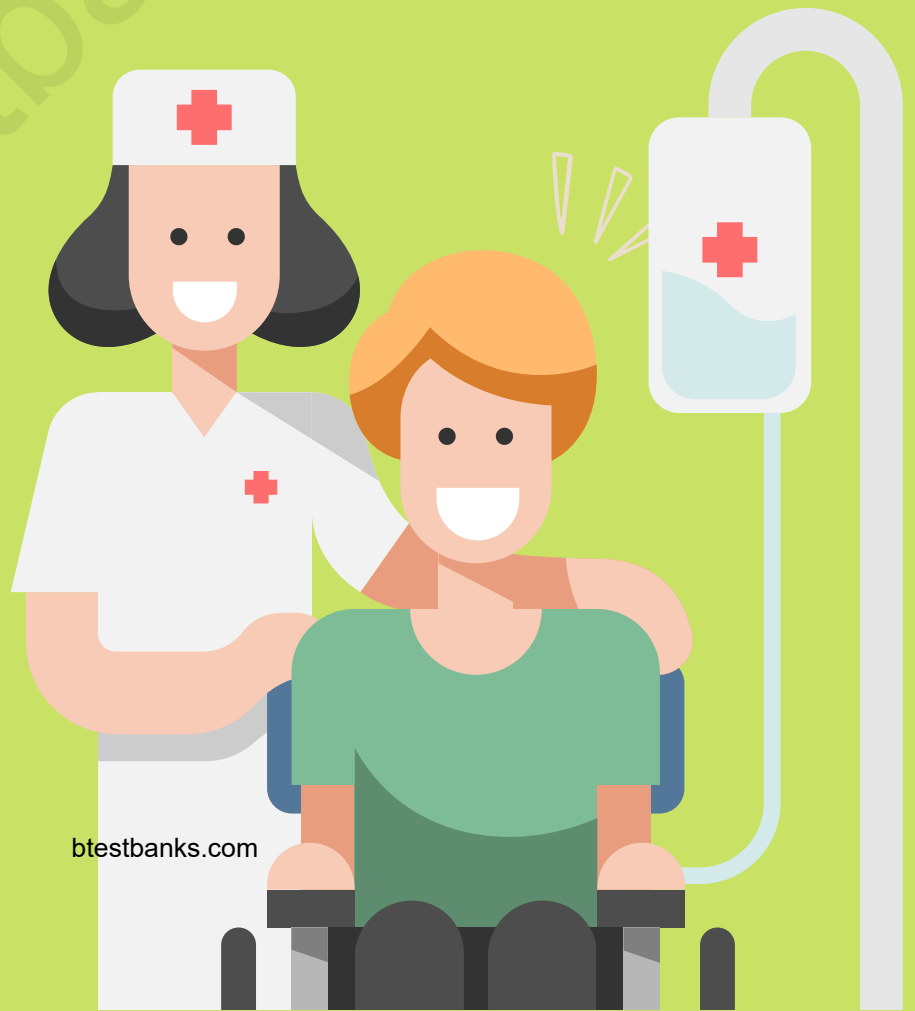




A COMPLETE GUIDE FOR
FUNDAMENTALS OF NURSING



Fundamentals of Nursing



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Health Care

LEVELS OF HEALTH CARE

- **Preventative** health care focuses on educating and equipping clients to reduce and control risk factors of disease. Examples: Blood Pressure and Cancer Screening, immunization, stress management, and seat belt use.
- **Primary** health emphasizes health promotion, and includes prenatal and well-baby care, nutrition counseling, and disease control. This level of care is based on a sustained partnership between the client and the provider. Examples include office or clinic visits and scheduled school or work-centered screenings (Vision, hearing, obesity).
- **Secondary** health care includes the diagnosis and treatment of emergency, acute illness, or injury. Examples include care that is given in hospital settings (inpatient and emergency departments), diagnostic centers, or emergent care centers.
- **Tertiary** health care involves the provision or specialized highly technical care. Examples: ICU, oncology centers and burn centers.
- **Restorative** health care involves intermediate follow up care for restoring health. Examples include home health care, rehabilitation centers, and in-home respite care.

ETHICS

Advocacy: Support and defend patient's rights, wishes, wellness, health, safety and privacy.

Accountability: Ability to answer for your own decisions and actions.

Confidentiality: Protection and Privacy without diminishing access to high quality care.

Responsibility: Willingness to respect obligations and follow through on promises.

Autonomy: Ability of the client to make personal decisions, even when those decisions may not be in the clients own best interest.

Beneficence: Actions that promotes good for others, without any self-interest.

Fidelity: fulfillment of promises.

Justice: Fair treatment in matters related to physical and psychosocial care and use of resources.

Nonmaleficence: Avoidance of harm or pain as much as possible when giving treatments.

Veracity: A commitment to tell the truth.