

An adult woman who has a history of inferior myocardial infarction, esophageal reflux, and type 1 diabetes mellitus (DM) is admitted to the telemetry unit for sudden onset of dizziness with palpitations and a burning sensation in her chest. Which intervention should the nurse implement first?

- A Evaluate telemetry cardiac rhythm.
- B Administer an oral antacid.
- C Assess blood glucose level.
- D Review client's last meal choices.

When conducting diet teaching for a client who was diagnosed with a myocardial infarction, which snack foods should the nurse encourage the client to eat? (Select all that apply.)

- A Chicken bouillon soup and toast.
- B Fresh vegetables with mayonnaise dip.
- C Fresh turkey slices and berries.
- D Raw unsalted almonds and apples.
- E Soda crackers and peanut butter.

A male client who is experiencing musculoskeletal pain is discharged with instructions to take ibuprofen, a nonsteroidal anti-inflammatory drug (NSAID), twice daily, with breakfast and dinner. How should the nurse respond?

- A Review the need to limit intake of leafy, green vegetables such as spinach.
- B Confirm that the client has an effective plan for when to take the medication.
- C Explain the need to take the medication before meals to increase absorption.
- D Remind the client to increase fluid intake while taking the medication.