



# PEDIATRIC NURSING BUNDLE



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# Introduction to Growth and Development

## Freud:

ID: Basic Sexual Energy

Ego: Realistic Part

Super-Ego: Conscience

## Stages of Development:

**Oral** (Birth-1yr) Pleasure centers on the **mouth**, sucking, biting, chewing.

**Anal** (1-3yrs) Pleasure focuses on bowel and bladder elimination; coping with demands for control.

**Phallic** (3-6yrs) Pleasure zone is the genitals; coping with incestuous sexual feeling

**Latency** (6-12yrs) Dormant sexual feelings

**Genital** (12-Adulthood) Maturation of sexual interest



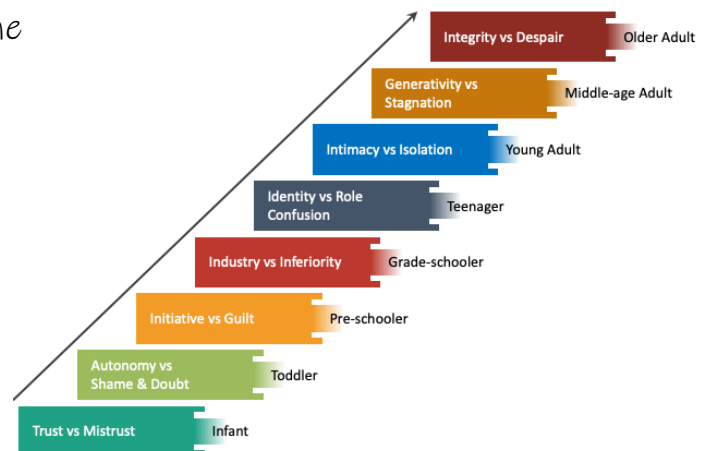
## Erik Erikson:

Each stage of psychosocial development identifies a crisis or challenge

- When Needs are met - A Positive Outcome
- When Needs are not met - A Negative Outcome

## Stages of developments

- Trust VS Mistrust (Birth-1yo)
- Autonomy VS Shame and Doubt (1-3yo)
- Initiative VS Guilt (3-6yo)
- Industry VS Inferiority (6-12yo)
- Identity VS Role Confusion (12-18yo)
- Intimacy vs Isolation (18-39yo)
- Generativity vs Stagnation (40-65yo)
- Integrity vs Despair (65+)



## Jean Piaget

### Theory of Cognitive Development

- Sensorimotor /Birth-2yo/ Object Permanence
- Preoperational /2yo-7yo/ Magical Thinking and Animism
- Concrete Operational /7yo-11yo/ Conservatism
- Formal Operational /11yo-Adulthood/ Abstract Thought